



Bridesburg Cougars

Little Kickers

Tot Soccer Program

information

Ages 18 months - 36 months

\$ 10.00 Registration Fee (includes t-shirt & ball)

Tuesday, May 6th & Monday, May 12th

7p-8p at the Bridesburg Rec

(Two Sign Up Dates **ONLY**)

Bridesburg Cougars - Little Kickers will be a non-competitive, introductory soccer and movement skills program geared for boys and girls ages 18 months - 3 years. The program seeks to develop motor skills, fitness, build coordination, balance, listening to coaches and introduce soccer while challenging children with fun games.

Parents and kids, lead by Lori Marko and her team, will play organized games together to develop listening skills, balance, ball skills, and foot-eye coordination. As the program progresses, more advanced motor | soccer skills may be introduced.

The program will consist of eight (8) soccer sessions beginning at the end of May and running through August. The sessions will take place during the week outdoors either at the Bridesburg Rec or the Cougars field.

What will I need to bring to soccer each week for my child?

Please bring child, water bottle and lots of ENERGY!

Do I need to buy shin guards and soccer cleats?

Soccer cleats, gym shoes or flat soled sneakers will do. Shin guards can be worn and are recommended but are NOT required.

